

Notification Date: July 15, 2021 Effective Date: July 21, 2021

Lactate Pyruvate Panel, Plasma

Test ID: LAPYP

Ordering Guidance:

This test does not measure D-lactate, an uncommon, often undiagnosed cause of lactic acidosis. If D-lactate testing is needed, order DLAU / D-Lactate, Urine (preferred) or DLAC / D-Lactate, Plasma.

Analytes from this test are included in test MMPP / Mitochondrial Metabolites, Plasma. If ordered together, this test may be canceled.

Useful for:

Diagnosing and monitoring patients with lactic acidosis

Monitoring lactate-to-pyruvate ratios

Methods:

Gas Chromatography-Mass Spectrometry (GC-MS)

Reference Values:

LACTIC ACID < or = 4000.0 nmol/mL

PYRUVIC ACID < or = 350.0 nmol/mL

Specimen Requirements:

Preferred: Green top (sodium heparin)

Acceptable: Green top (lithium heparin)

Submission Container/Tube: Plastic vial

Specimen Volume: 0.5 mL

Collection Instructions: Centrifuge and aliquot plasma into plastic vial.

Minimum Volume: 0.1 mL

Specimen Stability Information:

| Specimen Type | Temperature | Time |
|---------------|--------------------|---------|
| Plasma | Frozen (preferred) | 90 days |
| | Ambient | 7 days |
| | Refrigerated | 7 days |

Cautions:

No significant cautionary statements

CPT Code:

83605

84210

Day(s) Performed: Tuesday Report Available: 3 to 9 days

Questions

Contact Melissa Tricker-Klar, Laboratory Technologist Resource Coordinator at 800-533-1710.